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January 26, 2022.

LIFE LESSONS AS ONE AGES

At any and every stage of life we can always find HOPE and learn. An unknown but very wise author shared the lessons he learned throughout his life. We think that the lesson at age 78 sums it up.

- Age 5 - I've learned that I like my teacher because she cries when we sing "Silent Night."
- Age 10 - I've learned that when I wave to people in the country, they stop what they are doing and wave back.
- Age 14 - I've learned that if you want to cheer yourself up, you should try cheering someone else up.
- Age 17 - I've learned that although it's hard to admit it, I'm secretly glad my parents are strict with me.
- Age 24 - I've learned that silent company is often more healing than words of advice.
- Age 26 - I've learned that brushing my child's hair is one of life's great pleasures.
- Age 30 - I've learned that if someone says something unkind about me, I must live so that no one will believe it.
- Age 42 - I've learned that there are people who love you dearly but just don't know how to show it.
- Age 44 - I've learned that you can make someone's day by simply sending them a little note.
- Age 46 - I've learned that the greater a person's sense of guilt, the greater their need to cast blame on others.
- Age 47 - I've learned that children and their grandparents are natural allies.
- Age 48 - I've learned that no matter what happens, or how bad it seems today, life does go on and it will be better tomorrow.
- Age 50 - I've learned that singing "Amazing Grace" can lift my spirits for hours.
- Age 51 - I've learned that you can tell a lot about a man by the way he handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights.
- Age 52 - I've learned that keeping a vegetable garden is worth a medicine cabinet full of pills
- Age 53 - I've learned that regardless of your relationship with your parents, you miss them terribly after they die.
- Age 58 - I've learned that making a living is not the same thing as making a life.
- Age 62 - I've learned that life sometimes gives you a second chance.
- Age 65 - I've learned that if you pursue happiness, it will elude you. But if you focus on your family, the needs of others, your work, meeting new people, and doing the very best you can, happiness will find you.
- Age 66 - I've learned that whenever I decide something with kindness, I usually make the right decision.
- Age 72 - I've learned that everyone can use a prayer.
- Age 74 - I've learned that even when I have pains, I don't have to be one.
- Age 76 - I've learned that every day you should reach out and touch someone. People love that human touch – holding hands, a warm hug, or just a friendly pat on the back.
- Age 78 - I've learned that I still have a lot to learn.

May your lives be full of hope, love, faith, and that you never stop learning.

Submitted by the Northey's

*"Our relationship with God and each other strengthens us, and helps make the world a better place.
We welcome and include **everyone** into congregational life."*