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But those who hope in the Lord will renew their strength. They will soar on wings like eagles.... Isaiah 40:31

God Wants to Recharge Us When We're Out of Juice

Uh oh! My cell phone is dead. What does that mean? You can't make any calls or receive texts. My cell phone went dead because I was helping a friend try to solve a problem, and she had me on my cell for a couple of hours. I overused my cell, and now, it needs to be recharged.

Our souls are a little like this cell phone. Sometimes life brings trials and tribulations. They can get us "run down." We can get to feeling so tired or so dejected or so depressed that we feel like we just want to curl up in a ball and fall asleep for a year.

What we need is a recharge.

You and I are a little like cell phones. When we're starting to feel worn down by life's struggles, that's when we really need to plug into God the most. By plugging in to God, we mean praying lots more; reading our Bibles more often, and joining church groups in the middle of the week. God will be able to recharge you.

Recharging our cell phone takes a while. But if I'm patient, I'll have the charge back on my cell in just a little while. If I'm faithful to the Lord — if I pray hard and go to his word in prayer and fellowship with other Christians, I will find that my life has been recharged as well.

Prayer: Father, help us to stay "plugged in" to you. Help us to know that when we pray and study your word, we are getting a recharge. And if we are patient, we will see your strength shining anew in us. Amen.

Submitted by [Pat Lane](#): gleaned from one of my many links I'm plugged into

Editor's note: Thank you Pat for submitting this inspirational Letter of Hope.

You can send us a your letter of hope or even just a few of your thoughts to our email hyatt.le.rc@gmail.com

R&L

*"Our relationship with God and each other strengthens us, and helps make the world a better place.
We welcome and include **everyone** into congregational life."*

