

OUR VALUES

Faith/Love of God = BELIEVING

Community/Inclusion = BELONGING

Compassion/Compromise = INVITING

“Our relationship with God and each other strengthens us and helps make the world a better place.”

We welcome and include everyone into our community of faith.

Morning Worship Service @ 9am

NEW

You Tube

Join Us On YouTube for the Live Stream of Our
Worship Service

<https://www.youtube.com/@huronshores4193>

Immediately After the Service, Join Us On Our Zoom Chat Link:

<https://us02web.zoom.us/j/83887699257> Meeting ID: 838 8769 9257

PALM SUNDAY

HOSANNA IN THE HIGHEST

Remember, you cannot get to Easter Sunday without going through Good Friday...

Theme: Why Did The Cheering Stop?

Reading: Luke 19:29-44

Why palm branches?

Rather than banners, which could only be afforded by the rich, the common people cut down fresh palms and waved them to proclaim and honour a King upon that person's entry into a city. And, spreading their cloaks on the ground was a sign of deference and submission to that person's authority.



Ask Reverend Nancy





Song: https://www.youtube.com/watch?v=tIZitK6_IMQ
JUST BE HELD by Casting Crowns

Meditation: Are you struggling through some wounds right now? Feeling hurt, sorrow, pain, exhaustion? We've all been there...and likely will be again (which, I know, doesn't always help much when you're in the middle of it all). But what if you were to think about it as a time of strengthening rather than a time of struggle?

I was thinking the other day about how easily we can be wounded. Hurtful comments from others, disappointment in relationships, or circumstances that seems unfair can sap away our strength and happiness, leaving us with feelings of weakness and failure. And then add to these common everyday wounds, more serious wounds that may impact us as well—deep hurts from our childhood, abuse in any form, or betrayal from someone we trusted. There are deep wounds that come with the loss of a loved one, chronic pain, and overwhelming depression. But those wounds don't have to define us or dictate our future. Ephesians 6:10 & 11 says to *“be strong in the Lord, in God’s mighty power.”* But what about when we don't feel strong...can't stand strong...or barely even stand.

Well, that's when it's time to sit down, to rest, and just be held. To know that you don't have to come up with strength on your own...and that it may be time to just admit that you haven't any left. When we feel weak, we can take comfort in God's never-ending, never-ceasing strength...not our own. When our feet feel like they're slipping, we can hold on to Jesus. He is our stability. He never loses His grip on us, even when we feel like letting go of the end of the rope. And when we feel disoriented and alone in a heartbreaking situation we're facing, we can take hold of the hand of Christ, who is forever our strength and protection. Just rest, be held, and wait to be strengthened again.

“They that wait upon the Lord shall renew their strength.”



Don't forget to sign up in the Sanctuary to bring a contribution to our potluck meal for the Seder Service on Thursday, April 17th.

CALENDAR

KEEP UP TO DATE WITH OUR EVENTS ON OUR WEBSITE

CALENDAR LINK HERE

7	8	9	10	11	12	13
<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness 	<ul style="list-style-type: none"> ● 9am Polewalking Group ● 10am Coffee Club ● 10:30am Finance Team Meeting ● 1pm Parking Lot Working Group 2 more 	<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 9:30am GB&A Community Health ● 1pm Community Bible Study on Zc ● 3pm Choir Practice ● 5pm Embellishment Team 	<ul style="list-style-type: none"> ● 10am Lakeshore Eco-Network 	<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 10am Private Coffee Club 	<ul style="list-style-type: none"> ● 12pm Meet The Candidate Event 	<p style="text-align: center;">Palm Sunday</p> <ul style="list-style-type: none"> ● 9am WORSHIP
<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 9:30am Food Pantry Meeting ● 10am Partners In Learning Spring ● 10:30am Prayer Shawl Group 	<ul style="list-style-type: none"> ● 9am Polewalking Group ● 9:15am Food Pantry Petrolia Tour ● 10am Coffee Club ● 1pm Embellishment Team 	<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 1pm Community Bible Study on Zc ● 3pm Choir Practice ● 7pm Sunset Community Foundati 	<ul style="list-style-type: none"> ● Maundy Thursday Service and Pot. ● 9:30am Leadership Team Meeting ● 10:30am Fundraising Meeting ● 11:30am Council Meeting ● 1:30pm Seder Dinner at 5:30 	<ul style="list-style-type: none"> ● 10:00 am Joint Good Friday Service. ● HSUC/TVU Choirs at Thamesview ● 8am Ageless Vitality Fitness ● 10am Private Coffee Club 	<ul style="list-style-type: none"> ● 9am Embellishment Team 	<p style="text-align: center;">Easter Sunday</p> <ul style="list-style-type: none"> ● 9am WORSHIP
<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness 	<ul style="list-style-type: none"> ● 9am Polewalking Group ● 10am Coffee Club ● 4pm Rotary Board Meeting 	<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 1pm Community Bible Study on Zc ● 3pm Choir Practice 	<ul style="list-style-type: none"> ● 10am R&R Book Club 	<ul style="list-style-type: none"> ● 8am Ageless Vitality Fitness ● 9am Caring Casseroles and Soup ● 10am Private Coffee Club 	<p style="text-align: center;">Maggie's Wake Concert 7:00 pm</p>	<ul style="list-style-type: none"> ● 9am WORSHIP

Membership Sunday

Sunday, June 1st, 2025 is HSUC Membership Sunday ...for anyone who wishes to become a full member of Huron Shores United Church. If interested, please speak with Rev. Nancy or Mary McFadden right away!

As they say, membership has its privileges!

Also, don't forget...

Sunday, April 13th: Palm Sunday and celebrating the sacrament of Holy Communion at 9:00am
Thursday, April 17, Maundy Thursday: Seder Service & Potluck Meal at 5:30pm
Friday, April 18th: Joint Good Friday Service at Thamesview, with music by our two choirs at 10:00am
Sunday, April 20: Celebrating Easter Service *He Is Risen!* at 9:00am



Grand Bend Community Food Pantry
LET'S HOUSH. LET'S FLOURISH.

APRIL 2025 NEWSLETTER

About Us
Huron Shores United Church has been involved in helping feed those in need for a number of years, including the formation a few years ago of the *Help the Hungry* Program, which saw volunteers make and deliver frozen meals, collect non-perishable food and personal items, raise money to support food relief organizations, and refer community members to local food bank.

Needs This Month
eggs
milk
cheese
meat
vegetables
fruit
chicken

Volunteers Corner
One morning, Henry showed up at the church to go shopping at No Frills with our volunteers to fill up two grocery carts! Thank you Henry!
Visit the Food Pantry anytime between 9 am and 7 pm, located behind Huron Shores United Church on Queens Avenue

Donor Spotlight
Thank you Brett and staff for the marvelous idea to sell heart shaped pizza on Valentine's Day! Thank you to all those who participated!

Let's Nourish. Let's Flourish.
Join us the last Friday of the month from 10-12 or 12-2. We will be making soup & casseroles & freezing veggies. To volunteer, donate ingredients, or share a favourite recipe, please contact Lois 519-261-5651. All Welcome!

Announcing the first edition of the *Grand Bend Community Food Pantry Newsletter!* If you would like to be on our mailing list for this and future issues, please email Christine

Please Contact

Ruth Ann Eagleson at 519-318-6599
Joanne Barry at 226-456-8134

<https://pacecentre.com/red-dress-day>

May 5th is:

Red Dress Day



The National Day of Awareness for Missing and Murdered Indigenous Women and Girls and Two-Spirit People.

2010 report by the Native Women's Association of Canada found:

- Indigenous women are 3x more likely to be harmed by a stranger than non-indigenous women.
- Between 2000-2008; Indigenous women made up only 3% of the Canadian Population but represented 10% of all female homicides.
- 16% of cases took place in Alberta.

Stay Tuned for more news from the Right Relations Working Group

Once again we are pleased to offer the Spring Free Store to our community. In the past we have had huge support from our Community of Faith with their generous donations of clothing and small household items. Because this is our SPRING Free Store we ask only for spring and summer donations. We would appreciate it if you could keep fall and winter items for our Fall Free Store. Please drop off donated items in the Fellowship Hall at the given times only, as there is no storage available at the church.

DROP OFF SCHEDULE

Thurs, May 1st from 2:00pm – 4:00pm or 6:00pm – 8:00pm Fri,
May 2nd from 9:00am – NOON ONLY
Huron Shores United Church, 25 Main Street
Grand Bend (Queens Ave Entrance)
The Free Store hours are: Fri, May 2nd from 6:00pm – 8:30 pm &
Sat, May 3rd from 9:00am – 2:00pm

SPRING FREE STORE

Huron Shores United Church
25 Main Street, Grand Bend

Friday, May 2nd, 2025
6:00pm–8:30pm
Saturday, May 3rd
9:00am–2:00pm

EVERYONE is welcome to come, browse and take away what you can use, **FREE of CHARGE!**

Wide selection of Spring and Summer clothing for the entire family, small household items, books & more!

HOPE TO SEE YOU THERE!

For More Information
226-456-8134

Questions?
 Please contact Lori Hyatt,
 Stewardship and Finance
 Chair, at
hsucfinancechair@gmail.com

HSUC Income and Expense Summary
 January 2025 - March 2025

	Current Period Jan - Mar 2025	Current Budget Jan - Mar 2025	Annual Budget 2025
INCOME			
FUNDS DEVELOPMENT	\$30,573.84	\$37,500.00	\$150,000.00
GRAND BEND PLACE	6,505.23	9,793.50	39,174.00
TEMPORARILY RESTRICTED	3,786.05	3,487.50	13,950.00
INTEREST INCOME	1,018.09	0.00	0.00
MISCELLANEOUS INCOME	5,123.00	9,500.01	38,000.00
TOTAL INCOME	47,006.21	60,281.01	241,124.00
EXPENSES			
FIXED EXPENSES			
SALARIES & HONORARIUMS	\$27,929.52	\$30,415.89	\$121,663.63
ADMINISTRATIVE EXPENSE	3,025.78	3,075.03	12,300.00
BUILDING & GROUNDS	5,814.45	7,699.98	30,800.00
Subtotal Fixed Expenses	36,769.75	41,190.90	164,763.63
DEPARTMENTS/COMMITTEES			
COF SUPPORT	0.00	62.49	250.00
CHRISTIAN EDUCATION	0.00	200.01	800.00
WORSHIP	481.65	425.01	1,700.00
MISSION & OUTREACH	255.18	525.00	2,100.00
GRAND BEND PLACE	7,511.47	8,308.74	33,235.00
FUNDS DEVELOPMENT	0.00	125.01	500.00
MISSION & SERVICE	3,361.05	3,000.00	12,000.00
OTHER EXP-COUNCIL	8,082.89	10,890.00	43,560.00
Subtotal Depts/Comm.	19,692.24	23,536.26	94,145.00
TOTAL EXPENSES	56,461.99	64,727.16	258,908.63
EXCESS INCOME/EXPENSES	-\$9,455.78	-\$4,446.15	-\$17,784.63

Income is currently below budget, some of this is due to event timing

Expenses are also below budget due to the timing of invoices paid annually or semi-annually.

GBP events and June fundraising will help to reduce the income to expense shortfall

Thank you to the wonderful staff and customers at Pizza Delight! Their "For the Love of Pizza!" event, complete with heart shaped pizzas, raised much needed funds and awareness for the Grand Bend Community Food Pantry!



Congratulations to our friend and partner, Mary Ellen Zielman, as she retires from the role of Executive Director of the Huron County Food Bank Distribution Centre. We thank you for your invaluable support in establishing Grand Bend's first Community Food Pantry, and we wish you well as you embark on wonderful adventures to come!

HURON COUNTY DISTRIBUTION CENTRE
 Working together to make hunger non-existent in our communities

April 1, 2025

Dear Volunteers and Supporters,

It is with a heavy heart that we share the news of Mary Ellen Zielman's retirement as Executive Director of the Huron County Food Bank Distribution Centre (HCFBDC). After more than two decades of dedicated service and tireless advocacy, Mary Ellen has decided to step away from her leadership role. Her unwavering commitment to ensuring food security in our community has left an indelible mark, and we cannot begin to express the depth of our gratitude for everything she has done.

Mary Ellen's journey with HCFBDC began with a simple yet powerful vision—to serve those in need with dignity and compassion. Through her leadership, what started as a small grassroots effort has grown into a vital operation that supports food banks and meal programs across Huron County and beyond. Her legacy is one of selflessness, faith, and perseverance, and we are committed to honouring that legacy as we move forward.

We also want to take this opportunity to thank each and every one of you - our incredible volunteers, sponsors, and donors. Your continued dedication and generosity have been the lifeblood of this organization. We know that transitions like this can bring uncertainty, but please be assured that the Board of Directors is fully committed to keeping you informed and engaged every step of the way. HCFBDC will continue its mission without interruption, and together, we will ensure that no one in our community goes hungry.

As we chart the path forward, we have begun the search for our next Executive Director. This process is being guided by the same values that have always defined our work - compassion, integrity, and selflessness. We are confident that we will find a leader who shares our unwavering commitment to serving others and who will work alongside our dedicated volunteers and supporters to carry this mission into the future.

The demand for food assistance continues to grow, and with your continued support, HCFBDC will remain a beacon of hope for those in need. We thank you for standing with us, for believing in our mission, and for being an integral part of this community. Together, we will honour the foundation that Mary Ellen has built and ensure that HCFBDC continues to thrive.

With deepest gratitude,

Michael Harrison
 Chair, Board of Directors
 Huron County Food Bank Distribution Centre

39978 Crediton Road, Box 266 Centralia, Ontario N0M 1K0 | Tel: 519 913 2362
info@huroncountyfoodbank.org | www.huroncountyfoodbank.org

Volunteers Wanted

"Do you love being outdoors?
Do you love putzin' around with friends on
your own time?

Then the Embellishment team would love
to have you onboard to manage the urns
and the Prayer Tree during the
spring/summer/early fall season!
Just think of the beauty you can add to
our welcoming church.

This endeavour would take just 2-3
women/men. If interested, email Mary
McFadden:

marymcfadden58@gmail.com

as soon as possible!"



***I am pleased to present our 2025-2027 Huron Shores
United Church leadership team.***

2025-2027 MEMBERS OF COUNCIL & TEAM CHAIRS

MINISTER – Reverend Nancy Knowles

COUNCIL CHAIR – Deb Gill

VICE CHAIR – Roger Hyatt

MINUTE SECRETARY– Mary McFadden

BOARD OF TRUSTEES – Glen Miller

CHRISTIAN EDUCATION – Brenda Heath

FELLOWSHIP & OUTREACH – Lois Gill

GRAND BEND PLACE – Janice Sinker

MINISTRY & PERSONNEL – Bill Weber

PROPERTY – Debbie Procter

STEWARDSHIP & FINANCE – Lori Hyatt

WESTERN ONTARIO WATERWAYS (WOW)

REGIONAL COUNCIL REPRESENTATIVE – Peter Challen

WORSHIP & MUSIC – Karen Etherington

MEMBERSHIP – Mary McFadden



***Please join me in thanking this outstanding group and all their teams and
volunteers for all the ways they contribute every day to the vibrant, diverse and
joyful life at Huron Shores United Church!***

PRAYERS OF THE PEOPLE

Please let us know if you would like your name included in “Prayers of the People” for Sunday worship. If you have a prayer request that you wish to share with the congregation on Sundays, or just privately with Rev. Nancy Knowles, please send it to: hsucprayers@gmail.com



If you are ever in need of prayer, would like to chat to someone, or would like a visit, please reach out to any one of your **Congregational Visitors**.

Lynne Desjardine
519-238-5220

Peter Challen
519-238-5508

Joanne Barry
226-456-8134

GET IN TOUCH

OFFICE HOURS: Mon -Thurs 9am-12pm
519-238-2402 * 25 Main Street, PO Box 61, Grand Bend, ON NOM 1T0
Website: www.huronshoresunitedchurch.com

Office Administrator: Christine Wilde huronshoresunitedchurch@gmail.com 519-238-2402

Minister: Rev Nancy Knowles hsucrevnancy@gmail.com

Nancy's In office hours: Tuesday & Thursday – Call anytime 519-788-5819

Council Chair: Deb Gill john.deb.gill@gmail.com 519-701-6676

Council Vice Chair: Roger Hyatt roger.hyatt.1961@gmail.com 519-897-8315

Finance Administrator: Rhonda Manore manore@ezlink.ca 519-238-2432

Music Director: Janice Sinker huronshoresmusic@gmail.com 519-238-5436

Community Wellness Coordinator: Christine Wilde hsuccommunitywellness@gmail.com 519-933-9453

Shorelines: Christine Wilde hsucdesign@gmail.com **Website:** Janna Oud jannaoud@gmail.com



IMAGE OF THE WEEK

Canada strong and free!

Submitted by Peter Challen

Photographer Unknown

Have a favourite photo to share? Please send it, with the name of the photographer if known, to hsucdesign@gmail.com

COMMUNITY EVENTS AT HSUC/GBP



Maundy Thursday
April 17, 2025
5:30 pm
Seder Service: Potluck Meal
and Choir Performance
At HSUC

2025 Spring Potpourri

Partners in Learning 5-week Series of Presentations & Tours

In our Spring Series we offer one event each Monday (or as noted) featuring a presentation by a local guest speaker or a trip to a nearby exciting attraction. \$5 at the door. Some excursions may include pre-registration and/or lunch at your cost.

1. April 14, 10:00 am Grand Bend Place, 25 Main St., Grand Bend ON.
The Grand Bend Community Centre, Glen Baillie

The presentation will provide a glimpse of the plans for the new community centre, and the work that was done to get to this point. A tour of the plan will be done in such a way as to answer any and all questions the group may have.

2. April 28, 10:00 am Grand Bend Place, 25 Main St., Grand Bend ON.
Grand Trunk Renewal 101, John Kastner

The City of Stratford is in the midst of determining what's next for the former Grand Trunk Locomotive Repair Shops. John Kastner, former General Manager of the Stratford Perth Museum provides a summary of THE SHOPS impact not only economically but socially. The talk is approximately 1 hour and reflects on the history of the Grand Trunk and CNR Locomotive Repair Shops in Stratford.

3. May 5 Grand Bend Place, 25 Main St., Grand Bend ON.

Stardust Gardens

Join us for Stardust Gardens owner Gwen Williamson's presentation, where she will share her experiences working towards organic certification on her small, 5-acre farm operation. Learn about her approach to growing and selling produce. Following the presentation, PIL members will carpool to Gwen's farm market, located in the barn behind her Tiny House at 9129 Army Camp Rd, Lambton Shores. Plan for lunch at the Ipperwash Beach Club; turn toward the lake at Ravenswood.

4. May 12 Field trip to Waterfront Park, Point Edward ON

Bluewater Anglers Fish Station

Volunteer anglers have been raising fish (175,000) since 1982. Visit their hatchery in Point Edward. Salmon and Trout are raised until release into local streams of Lake Huron and Sarnia. We'll even get to feed the fish in public outdoor ponds. **To carpool, meet at the Pet Valu parking lot, Grand Bend at 8:30 am.** Lunch to follow at Match Eatery & Public House at Starlight Casino, 2000 Venetian Blvd., Point Edward ON. **Register by email to Jackie at jsouthcott@hay.net for a lunch reservation.**

5. Saturday May 31 Field trip to 29251 Freedom Road, Dresden ON

Josiah Henson Museum of African-Canadian History

Arrive at 10 AM & pay individual entrance fee of \$7 for seniors. We will have a 90 minute guided tour of this Ontario Heritage Trust site with free time after. **To carpool meet at GB Pet Valu parking lot at 8:30 am. Register by email to Fredi at ehunter@htl.net for lunch at Burn's Restaurant.**

tickets & info
226-213-4811

TICKETWINDOW events start here



The fun starts here!

25 Main Street
Grand Bend, ON
519-238-2402



Maggie's Wake

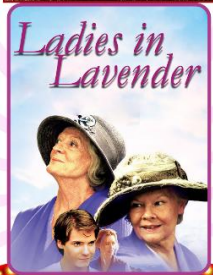
Saturday
April 26th, 2025
7 pm
Doors open 6:30 pm

Sponsored By



Canadian, female fronted roots
band that delivers unforgettable
performances while creating a
sound that is at once both classic
and modern.

Thank you!



Goodwill
offering
gratefully
accepted

Two sisters
befriend a
mysterious
foreigner who
washes up on
the beach of
their 1930s
Cornish seaside
village.
Rated PG-13

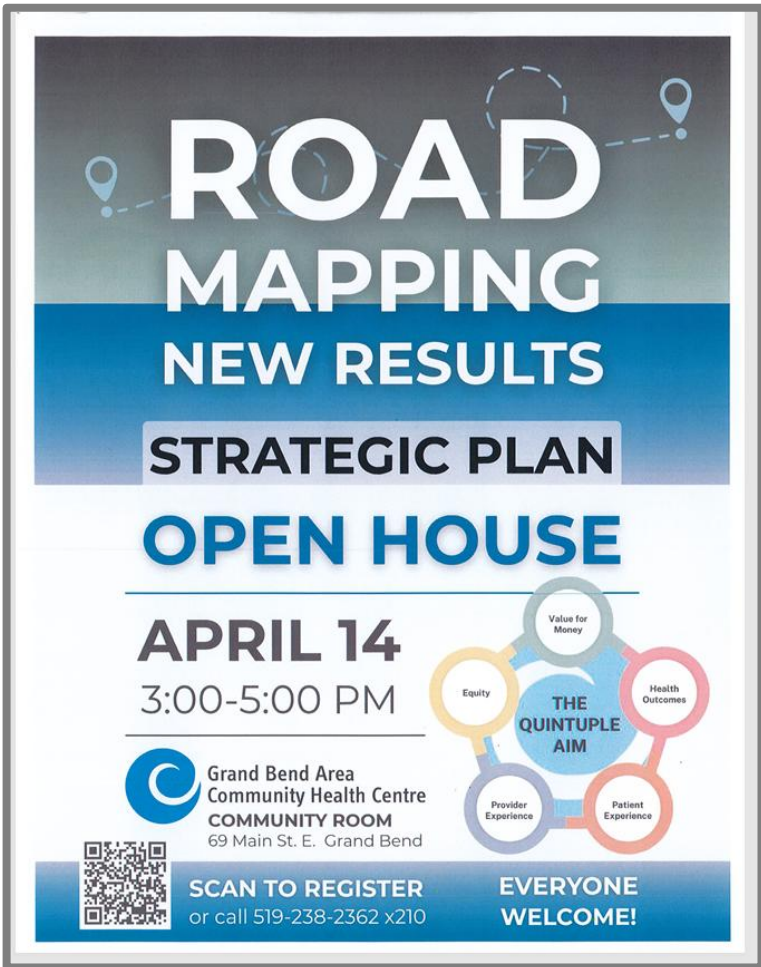
Thursday, May 1st, at 7:00 pm
Free Admission Free Popcorn



Grand Bend Place
Centre for the Living Arts
25 Main Street E
Grand Bend



COMMUNITY EVENTS AROUND TOWN



ROAD MAPPING NEW RESULTS STRATEGIC PLAN OPEN HOUSE

APRIL 14
3:00-5:00 PM

Grand Bend Area Community Health Centre
COMMUNITY ROOM
69 Main St. E. Grand Bend

Value for Money
Health Outcomes
Patient Experience
Provider Experience
Equity

THE QUINTUPLE AIM

SCAN TO REGISTER
or call 519-238-2362 x210

EVERYONE WELCOME!

YOU ARE INVITED TO BREAKFAST!

Saturday, April 26 from 9 – 11 AM



Price: a donation

Please join us!

St. John's-by-the-Lake Anglican Church



70642 Bluewater Highway, Grand Bend, ON N0M1T0
Website: stjohnsgrandbend.ca
Email: sjbtld@gmail.com



PAINT ONTARIO
ART COMPETITION, EXHIBITION & SALE

Art Competition and Sale
\$14,000 in Awards & Prizes

Over 200 Juried
Paintings & Sculptures

Demonstrations, Special
Events & Themed Weekends

\$10 Multi-Day Pass
See more events & demonstrations

Saturday to Thursday 10 a.m. – 5 p.m.
Friday 10 a.m. – 7 p.m.
Opening Night Gala May 2nd

*Vibrant,
Captivating
One-of-a-Kind*

May 2 – May 19
Grand Bend Legion Hall
PaintOntario.com

Grand Prize Paint Ontario 2024
Denise Antaya "In Winers Grip"



LAKESHORE ECO-NETWORK

Lakeshore Eco-Network

Native trees and plants are easy to plant and grow, and they provide habitat for pollinators, birds and other wildlife. Plus, they're beautiful!

SPRING NATIVE TREE AND PLANT SALE

SATURDAY, MAY 3, 2025
9 TO 11:30

AT LAMBTON HERITAGE MUSEUM
10035 MUSEUM RD, GRAND BEND, ON N0M 1T0

Visit our website to get more information:
LAKESHOREECONETWORK.CA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6:45 Exercise Class, GRACIC 10 am & 11 am</p> <p>Members 6:45 Agging program</p> <p>March 21, April 18, 25, 30 pm</p> <p>Adult Day Wing, Contact Kaye March 21, 28, 31 & 41</p> <p>Function: Visual and Deafness at Grand Bend 4 pm</p>	<p>Free Income Tax Clinics 1-4 pm contact Mary at 447-291-8272 or taxsupport@paintontario.com to book</p> <p>Powerful Tools for Coping 4 weeks 10:30-12, 4 weeks</p> <p>Joy's Exercise class 4 pm</p>	<p>Flurry Walking Group</p> <p>Meet at Lambton Museum parking lot 9:30 am on</p> <p>halfway 9:30 am</p> <p>Walk & Talk & Coffee 10-11, 11, Grand Bend, Contact Joyce Bennett at 519-242-3148 x 202</p>	<p>Free Income Tax Clinics 1-4 pm contact Mary at 447-291-8272 or taxsupport@paintontario.com to book</p> <p>Powerful Tools for Coping 4 weeks 10:30-12, 4 weeks</p> <p>Joy's Exercise class 4 pm</p>	<p>PF Exercise 8:45 am</p> <p>PF Exercise 8:45 am</p>	<p>Walk in 9-11:30 a.m. Clinic</p> <p>Joy's Exercise class 10 am, Registered participants only</p>
<p>8:45 Exercise Class, GRACIC 10 am & 11 am</p> <p>Members 8:45 Agging program</p> <p>March 21, April 18, 25, 30 pm</p> <p>Adult Day Wing, Contact Kaye March 21, 28, 31 & 41</p> <p>Function: Visual and Deafness at Grand Bend 4 pm</p>	<p>Free Income Tax Clinics 1-4 pm contact Mary at 447-291-8272 or taxsupport@paintontario.com to book</p> <p>Powerful Tools for Coping 4 weeks 10:30-12, 4 weeks</p> <p>Joy's Exercise class 4 pm</p>	<p>Flurry Walking Group</p> <p>Meet at Lambton Museum parking lot 9:30 am on</p> <p>halfway 9:30 am</p> <p>Walk & Talk & Coffee 10-11, 11, Grand Bend, Contact Joyce Bennett at 519-242-3148 x 202</p>	<p>Free Income Tax Clinics 1-4 pm contact Mary at 447-291-8272 or taxsupport@paintontario.com to book</p> <p>Powerful Tools for Coping 4 weeks 10:30-12, 4 weeks</p> <p>Joy's Exercise class 4 pm</p>	<p>PF Exercise 8:45 am</p> <p>PF Exercise 8:45 am</p>	<p>Walk in 9-11:30 a.m. Clinic</p> <p>Joy's Exercise class 10 am, Registered participants only</p>
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FREE KIDS CREATIVITY CLUB

GRADES 5 TO 8

DROP IN FROM 3:30 PM TO 5:30 PM

WEDNESDAYS

CALL FOR DETAILS 519-933-9453

GRAND BEND PUBLIC SCHOOL COMMUNITY ROOM

SNACKS PROVIDED HOSTED BY Grand Bend Art Centre

Calling All Senior Art Enthusiasts!

Pottery - tulip making
Painting - square as part of a large mosaic
Sing Along - enjoy live music

PLUS Exclusive Access to Paint Ontario Exhibits

FREE CREATIVE ART CLASS FOR SENIORS

Choice of four time slots to unleash your creativity!
Fully accessible for all!

Registration Open - Space Is Limited

- May 5 from 10am-12pm or 1pm-3pm
- May 6 from 10am-12pm or 1pm-3pm

The Grand Bend Legion
20 Municipal Drive, Grand Bend

Call to Reserve Your Spot
519-933-9453

WWW.PAINTONTARIO.COM





YOU ARE INVITED TO:

GRAND BEND AND AREA CHAMBER OF COMMERCE'S SPRING MEMBER'S MIXER

FREE ENTRY

HOSTED BY: HESSENLAND INN & SCHATZ WINERY
72981 ON-21, Zurich, ON

THURSDAY APRIL 24,
5:00-7:00PM

RSVP:
INFO@ITSTARTSATTHEBEACH.CA
519-238-2001