

March 15th, 2020

Our Journey

"My help comes from God, the Maker of Heaven and Earth." Psalm 121:1

Here we are on a journey that we did not anticipate, a journey called Social Isolation. How do we do this? How long will it last? Are we still together even when we are apart? Will we be OK?

So many questions.

When uncertainty arises, anxiety also raises its head, which is perhaps the real enemy of peace. And so we remember what is certain, in order to stay grounded in peace, despite the swirl of questions.

What do we know that is certain? That God is good. That we are a community of sisters-brothers-kin. That "All shall be well, and all shall be well, and all manner of things shall be well," as Julian of Norwich affirmed in the fourteenth century.

On each day of our Social Isolation Journey I shall send a letter - just as Paul did to the earliest church, in its own time of confusion. Like his Letter to the Romans or Corinthians or Galatians, or Ephesians, our letters, read silently or aloud in each of our homes, will draw us together by uniting us around common words, and a shared experience.

I hope that you will come to enjoy these Kate Letters, and that through them we will be connected not only to each other but also to God, who walks with us and never leaves us alone.

"In life, in death, in life beyond death, God is with us. We are not alone. Thanks be to God." (The New Creed)

Grace to you, and peace.

Kate

